

# Coming Out / Being Gay – Lesbian and Gender Fluidity

## Being Gay, Being Lesbian

1. *Is It A Choice? Answers to 300 of the most frequently asked questions about gays and lesbians*  
Eric Marcus; 2009
2. *Coming Out: The Ultimate Guide (coming out of the closet, coming out gay, coming out lesbian)*  
Joshua Parker; 2016
3. *Coming Out: Gay, Lesbian, Bisexual, Transgendered: The Complete Guide to Coming Out of The Closet, Finding Support, and Thriving in Your New Life (Am I ... I think I'm gay, Self-acceptance Book 1)*  
John C. Stanford; 2015
4. *The Therapist's Notebook for Lesbian, Gay, and Bisexual Clients: Homework, Handouts, and Activities for Use in Psychotherapy*  
Joy S. Whitman and Cynthia J. Boyd; 2013
5. *Caring for Lesbian and Gay People: A Clinical Guide (Heritage)*  
Allan D. Peterkin and Cathy Risdon; 2020
6. *Outing Yourself: How to come out as lesbian or gay to your family, friends, and coworkers.*  
Michelangelo Signorile; 1996
7. *How to Make the World a Better Place for Gays and Lesbians*  
Una W. Fahy; 2009
8. *The Unofficial Gay MANual*  
Kevin Dilallo and Jack Krumholtz; 2010
9. *The Gay Men's Wellness Guide: The National Lesbian and Gay Health Association's Complete Book of Physical, Emotional, and Mental Health and Well-being for Every Gay Male*  
Robert E. Penn; 1997
10. *The Male Couple's Guide: Finding a Man, Making a Home, Building a Life*  
Eric Marcus; 1992

11. *You Know You're GAY when...*  
Joseph Cohen; 1999
12. *What the Bible Really Says about Homosexuality: Recent findings by top scholars offer a radical new view*  
Daniel A. Helminiak, Ph.D.; 2000
13. *Coming Out with Christ: One Lesbian's Journey to Her Resurrected Identity*  
Karol Adams, Britta Ann Meadows, et al.; 2020
14. *Love Makes a Family: Portraits of Lesbian, Gay, Bisexual, and Transgendered Parents and Their Families*  
Gigi Kaeser; 1999

## **Resources for parents and family members**

1. *Permanent Partners: Building Gay and Lesbian Relationships that Last*  
Betty Berzon, Ph.D.; 2004
2. *One Dad, Two Dads, Brown Dad, Blue Dads (ages 2 – 6)*  
Johnny Valentine, Alyson Wonderland; 1994
3. *Two Moms, The Zark, And Me*  
Johnny Valentine, Angelo Lopez; 1993
4. *Coming Around: Parenting Lesbian, Gay, Bisexual, and Transgender Kids*  
[Anne Dohrenwend](#); 2012
5. *This Is a Book for Parents of Gay Kids: A Question & Answer Guide to Everyday Life*  
[Dannielle Owens-Reid](#); 2014
6. *Always My Child: A Parent's Guide to Understanding Your Gay, Lesbian, Bisexual, Transgendered, or Questioning Son or Daughter*  
Kevin Jennings; 2003
7. *My Child is Gay, What Now? The Best Ways For Parents to Deal with Homosexuality and Keep a Good Family Relationship*  
[Amanda Jones](#); 2013

8. *If Your Child Is Gay: What every parent of a gay child needs to know to insure a positive outcome in an often negative world*  
Steve Kindle; 2016
9. *OMG My Son is GAY - "Why is my Son Gay? - How You Can Help Your Kid Coming Out of The Closet and Keep Him Safe" - The Ultimate Guide for Parents of Gay Children*  
[Anita Parks](#); 2012
10. *Straight Parents, Gay Children: Keeping Families Together*  
Robert A. Bernstein, Betty DeGeneres, et al.; 2003
11. *Beyond Acceptance: Parents of Lesbians & Gays Talk About Their Experiences*  
Carolyn W. Griffin, Marian J. Wirth, et al.; 1997
12. *Coming Out, Coming Home: Helping Families Adjust to a Gay or Lesbian Child*  
[Michael C. LaSala](#); 2010
13. *Now That You Know: A Parents' Guide to Understanding Their Gay and Lesbian Children*  
Betty Fairchild and Nancy Hayward; 1998
14. *Coming Around: Parenting Lesbian, Gay, Bisexual, and Transgender Kids*  
[Anne Dohrenwend](#); 2012
15. *I Promised Not to Tell: Raising a Transgender Child*  
Cheryl B. Evans; 2016

## **Gender Fluidity: Being Transgendered, Being Non-Binary**

1. *Gender Born, Gender Made: Raising Healthy Gender-Nonconforming Children*  
Diane Ehrensaft and Edgardo Menvielle; 2011
2. *Are You a Boy or Are You a Girl?*  
Sarah Savage and Fox Fisher; 2017
3. *The Transgender Child: A Handbook for Families and Professionals Paperback*  
Stephanie A. Brill and Rachel Pepper; 2008
4. *How to Support Your Transgender Child: A Guide for the Parents of Transgender Boys and Girls*  
Mason Daxton; 2017

5. *Raising the Transgender Child: A Complete Guide for Parents, Families, and Caregivers*  
Michele Angello and Ali Bowman; 2016
6. *My Child is Transgender: 10 Tips for Parents of Adult Trans Children (10 Trans Tips – Book 1)*  
Matt Kailey; 2012
7. *The Gender Creative Child: Pathways for Nurturing and Supporting Children Who Live Outside Gender Boxes*  
Diane Ehrensaft and Norman Spack; 2016
8. *Becoming an Ally to the Gender-Expansive Child: A Guide for Parents and Carers*  
Anna Bianchi; 2017
9. *Phoenix Goes to School: A Story to Support Transgender and Gender Diverse Children*  
Michelle Finch, Phoenix Finch, et al.; 2018
10. *A House for Everyone: A Story to Help Children Learn about Gender Identity and Gender Expression*  
Jo Hirst and Naomi Bardoff; 2018
11. *I Promised Not to Tell: Raising a Transgender Child*  
Cheryl B. Evans; 2016
12. *Raising Ryland: Our Story of Parenting a Transgender Child with No Strings Attached*  
Hillary Whittington; 2016
13. *Transgender Children and Youth: Cultivating Pride and Joy with Families in Transition*  
Elijah C. Nealy; 2017
14. *Transgender Teen: A Handbook for Parents and Professionals Supporting Transgender and Non-Binary Teens*  
Stephanie A. Brill and Lisa Kenney; 2016
15. *Transgender: Help Your Transgender Teen - Grieve, Transition and Support Change (Kindle Edition)*  
Lily Greene; 2015
16. *Trans Teen Survival Guide*  
Fox Fisher and Owl Fisher; 2018

17. *Counseling Transgender and Non-Binary Youth: The Essential Guide*  
Irwin Krieger; 2017
18. *Transgender 101: A Simple Guide to a Complex Issue*  
Nicholas Teich; 2012
19. *True Selves: Understanding Transsexualism – For Families, Friends, Coworkers, and Helping Professionals*  
Mildred L. Brown and Chloe Ann Rounsley; 2003
20. *Transitions of the Heart: Stories of Love, Struggle and Acceptance by Mothers of Transgender and Gender Variant Children*  
Rachel Pepper and Elisabeth Rodgers; 2016
21. *My Awesome Brother: A children's Book About Transgender Acceptance*  
Lisé Frances; 2019
22. *Phoenix Goes to School: A Story to Support Transgender and Gender Diverse Children*  
Michelle Finch, Phoenix Finch, et al.; 2018
23. *Transgender History, second edition: The Roots of Today's Revolution*  
Susan Stryker; 2017
24. *God Doesn't Make Mistakes: Confessions of a Transgender Christian*  
Laurie Suzanne Scott; 2018
25. *Trans Bodies, Trans Selves: A Resource for the Transgender Community*  
Laura Erickson-Schroth; 2014

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