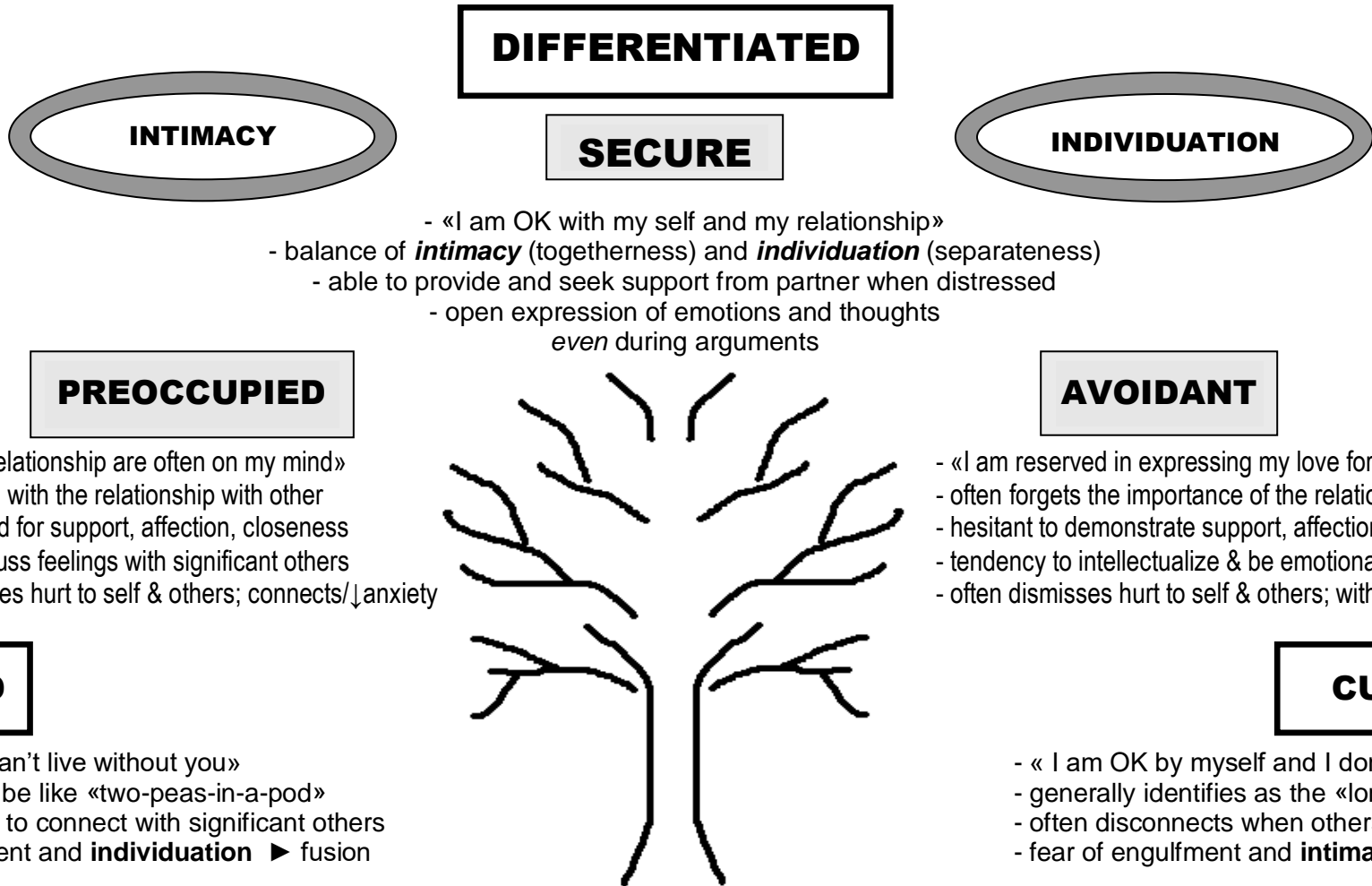


# ATTACHMENT IN FAMILY THERAPY (AFT)

MARTIN ROVERS, PH.D.



ENMESHED	PREOCCUPIED	DIFFERENTIATED	AVOIDANT	CUTOFF
0	25	50	75	100
100	75	50	25	0

## DIRECTION FOR THERAPY

➔ Towards further *individuation* and *separateness*

← Towards further *intimacy* and *connectedness*